

CURRICULUM VITAE

Hope Wechkin, MD

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Personal Data:

Born: June 12, 1968

Rochester, New York

Education:

BA, Yale University 1990

New Haven, CT

Summa cum laude

Distinction in Major

MD, University of Washington 1997

School of Medicine

Seattle, WA

Postgraduate Training:

Providence Family Practice Residency 2000

Seattle, WA

Faculty Positions Held:

Adjunct Faculty, University of Washington School of 2006

Medicine, Department of Medical Education and

Biomedical Informatics

Clinical Instructor, University of Washington School of
Medicine, Department of Family Medicine 2007 - present

Hospital Positions Held:

Medical Staff, Swedish Medical Center 2002 - 2007
Seattle, WA

Medical Staff, Northwest Hospital 2002 - 2007
Seattle, WA

Medical Staff, Evergreen Hospital Medical Center 2007 – present

Medical Staff, University of Washington Medical Center 2007 – present

Clinical Work Experience:

Community Health Center of Snohomish County 2000 - 01
Lynnwood, WA

Provided primary and obstetric care for a multi-ethnic medically underserved population.

Evergreen Center for Integrative Medicine 2001 - 03
Seattle, WA

Launched a successful private urban primary care practice in integrative medicine. Served as the sole allopathic care provider and consultant in a multidisciplinary complementary care clinic.

Developed a model of primary care designed to increase patients' access to physician care by minimizing operating expenses and maximizing patients' face-to-face time with physicians.

Emphasized providing care to all patients regardless of income or insurance status.

Seattle Healing Arts 2003 - 2007
Seattle, WA

Established private practice in region's largest multidisciplinary integrative medicine center. Work included providing primary care to panel of approximately 2000 patients, consulting and advising for naturopathic physicians, and presenting talks on a variety of topics in primary care. Clinical

interests included integrative management of gynecologic, endocrinologic, and psychiatric problems presenting in the primary-care setting. Other clinical interests included end-of-life care and ethics.

University of Washington Medical Center

2007 – 2008

Palliative Care Consultation Service

Served as attending physician on consultation service for patients with complex decision-making and symptom management needs at the end of life.

EvergreenHealth Hospice and Palliative Care

2007 – present

Currently serving as Medical Director of inpatient and outpatient community-based hospice and palliative care services with combined average daily census of over 600 patients. Duties include medical oversight of all aspects of hospice and palliative medicine at Evergreen, inpatient and outpatient medical consultation, and education of community physicians and staff in end-of-life care. Responsibilities also include providing direct patient care in Palliative Care clinic 2 days per week.

Invited Talks:

American Holistic Medical Association

2006

National Meeting 2006

Keynote Panel Speaker

Keynote panel speaker at the national meeting of the AHMA (an MD-based organization) on the successful implementation and operation of an integrative medicine primary care practice.

EvergreenHealth Medical Center

2007 – 2008

Kirkland, WA

Grand Rounds Series

Invited to present four one-hour Grand Rounds presentations to EvergreenHealth Medical Staff on clinical, systematic, and ethical aspects of end-of-life care.

Valley Medical Center

2007

Renton, WA

Grand Rounds

Northwest Medical Center

2008

Seattle, WA

Grand Rounds

The Polyclinic

2008-2009

Seattle, WA

Grand Rounds

Invited to present four one-hour Grand Rounds presentations to Polyclinic staff on clinical, systematic, and ethical aspects of end-of-life care.

Puget Sound Community Heart Failure Forum

2009

Invited to speak to physician and community leaders on heart failure management and end-of-life care.

Washington Patient Safety Coalition

2010

Invited to present statewide teleconference on hospice and palliative care.

Going, Going Gone! Death in Three Conversational Acts

2012

Guest for Bastyr University's Center for Spirituality, Science and Medicine's three-part series on death, hosted by Warren Etheredge of the Warren Report.

Washington Academy of Family Physicians

2012, 2014

Invited to present one-hour CME for annual Scientific Assembly.

Washington Patient Safety Coalition

2012

Invited to present at annual west coast patient safety meeting.

Washington State Hospice and Palliative Care Organization

2014

Invited to give presentation to state organization on polypharmacy.

- EvergreenHealth Leadership Summit 2014
Invited to address executive and medical leadership at EvergreenHealth regarding Change Management.
- American Cancer Society Cancer Action Network South 2015
South Sound Summit on Palliative Care
Invited to moderate panel discussion on Palliative Care for ACS CAN legislative summit.
- EvergreenHealth Grand Rounds and Primary Care Physician 2016
Education Series
Featured moderator/presenter in innovative case-based enactments of clinical encounters in Palliative Care.
- Seattle Cancer Care Alliance Conference 2018
Transitions in Oncology Care: Pearls for the Primary Care Team
Panelist and guest speaker
- Washington State Hospice and Palliative Care Organization Annual 2018
Conference
"Palliative Sedation: What, Who, When, and Where?"
Physician Panel Coordinator and Moderator
- Virginia Mason Medical Center CME 2018
"Pivot Point: Hospice Pearls for the Referring Clinician"
Guest speaker
- Washington End of Life Coalition Annual Meeting 2018
"Death with Dignity and Hospice Care"
Panelist
- Samaritan Evergreen Hospice Annual Luncheon 2019
Albany, Oregon
"Longing to Belong"

Keynote speaker

Washington Chapter of the American College of Physicians 2019

“Planning for the Worst: Code Status, POLST, and Advance Care Planning”

Guest speaker at annual meeting

Washington Thoracic Society 2020

“Physician-Assisted Death in Washington: Nuts, Bolts, and Nuances”

Guest speaker and panelist

National Clinicians Conference on Medical Aid in Dying 2020

“Hospices and Aid in Dying: Evolution and Future

Guest speaker and panelist

Conference Leadership and Organization:

Washington State Medical Association/ 2017-2019

University of Washington

“At the End of Life: Agency, Role and Responsibilities of the Physician/Advanced Practitioner”

Conceived of and chaired the first national two-day conference examining activities undertaken by medical providers that factor into a patient's death.

Honors:

McGraw-Hill Inspiration Award 1994

University of Washington School of Medicine

Awarded to a second-year medical student elected by his/her classmates for providing inspiration during the pre-clinical years of medical training.

Providence Family Practice Residency Counseling Award 2000

Awarded to a graduating resident for excellence in patient counseling and education.

EvergreenHealth Physician Innovation and Leadership Award 2014

Seattle Magazine "Top Doc" 2015, 2018, 2019

Featured as one of six top doctors in Seattle area in magazine photo-interview in 2015

Board Certification:

American Academy of Family Practice 2000, 2007, 2017

American Academy of Hospice and Palliative
Medicine 2010

Current License to Practice:

Washington State License MD00037895 1999 - present

Teaching Responsibilities:

Examiner, OSCE Exams 2005
University of Washington School of Medicine

Tutor, Problem-Based Learning 2006
University of Washington School of Medicine

Co-Director, Palliative Care Track 2007 - 2009
Chronic Care Clerkship
University of Washington School of Medicine

Faculty member in hospice and palliative medicine in required 4th year medical student rotation.

Clinical Faculty, Department of Family Medicine 2006-present
*Faculty member in hospice and palliative medicine in 4th year medical student rotation and Heme-
Onc fellowship*

Clinical Faculty, Summer Seminar in Health Care Ethics 2014-present
University of Washington School of Medicine
Lecturer on common ethical considerations in end-of-life care

Professional Organizations:

King County Medical Society

American Academy of Hospice and Palliative Medicine

Washington State Medical Association

Special Local Responsibilities:

Member, Ethics Committee 2010-2011, 2015-2017
EvergreenHealth Hospital Medical Center

Co-chair, Ethics Committee 2011-2015
EvergreenHealth Hospital Medical Center

Member, Steering Committee 2015-2018
Washington End of Life Coalition
Washington State Medical Association

Vice-chair, Steering Committee 2019-2021
Washington End of Life Coalition
Washington State Medical Association

Member, Bree Collaborative Workgroup on Palliative Care 2019
Member of workgroup sponsored by the Washington state legislature that defined minimum standards for team-based palliative care and pathways for integrating palliative care into active treatment.

Musician and Performer

Composer, soprano and violinist in professional venues throughout the Northwest.

BIBLIOGRAPHY

1. Marra CM, Wechkin HA, Longstreth WT Jr, Rees TS, Syapin CL, Gates GA. Hearing loss and antiretroviral therapy in patients infected with HIV-1. Arch Neurol 997; 54(4): 407-410.

2. Kiefer D, Shah S, Gardiner P, **Wechkin H**. Finding information on herbal therapy: A guide to useful sources for clinicians. *Altern Ther Health Med* 2001; 7(6): 74-78.
3. Direct analysis of psychoactive tryptamine and harmala alkaloids in the Amazonian botanical medicine ayahuasca by liquid chromatography-electrospray ionization-tandem mass spectrometry. McIlhenny EH, Pipkin KE, Standish LJ, **Wechkin HA**, Strassman R, Barker SA. *J Chromatogr A*. 2009 Dec 18;1216(51):8960-8.
4. Demiris G, Parker Oliver D, Washington K, Thomas Fruehling L, Haggarty-Robbins D, Doorenbos A, **Wechkin H**, Berry D. A Problem Solving Intervention for Hospice Caregivers: A Pilot Study. *Journal of Palliative Medicine* 2010; 13 (8): 1005-1011.
5. Tom Schaaf, MD and **Hope Wechkin, MD**. "A critical discussion is needed about planned death." *KevinMD.com*. August 4, 2019